

#### **GURUJI'S SERMON ON WEBINAR**



### TEMPLE OF TRUTH

SHARIR MIND AATHMAN OR SOUL

### SHARIR

Even after death, life remains in the body for some time. When life leaves the body TOTALLY then its called 'BIOLOGICAL DEATH'. • Mahaperiyava says that doing funeral rights to unclaimed bodies or orphaned bodies is equal to doing 'Aswametha Yagam'.

# Sitting in front of the God-realized person is equal to visiting hundreds of holy

temples.

# Visiting the Jeevan Mukta's Jeeva Samadhi is equal to visiting thousands of temples.

## • Visiting and hearing advice from God-realized person can wash away all your sins and papa karmas.

# • For some God-realized persons, their sharir feels like a cage, so they leave their body and attain MAHA SAMADHI.

# • Even for God realized persons, if they do not care their body **PROPERLY, then they cannot** attain JEEVA ANGA SAMADHI.

## Doing Tapas is NOTHING compared to sitting in front of the God-realized saints.

• For Brahma Inanis, even when they attain Jeeva Samadhi, their BRAMMA SHARIR expands up to the full dimension of their samadhi emple.

# So when we enter in to the Jeeva Samadhi of Bramma Jnanis actually we are entering into their BRAMMA SHARIR.

### MIND

## At no point you can say that you have won over your mind.

### Mind is very treacherous and so

### many booby traps are camouflaged

in the mind.

### If you can totally UNDERSTAND

### the mind then you can easily

### TRANSCEND the mind.

### Every mind has a SUICIDAL TENDENCY. Its origin point

varies from person to person.

# • When the mind is at its peak of suicidal tendency, it succeeds and

make the sharir and soul suffer.

But after the suicide episode, when the soul gets disengaged from the sharir, then the same mind starts regretting for the deadly sin it has committed.

# When the mind totally gets drowned in the BEING, then there is no such thing called MIND.

## Expansion of being from the core level is felt as 'PRAGNYA', 'FEELING' and 'MIND'.

## • MIND is at very gross level. FEELING is subtler than mind. **PRAGNYA** is subtler than feeling and it is very close to soul.

When MIND becomes very pure and crystal clear, then it can be called as SOUL' itself. There is no distinction at this level.

### AATHMAN OR SOUL

### • We are all 'IMMORTALS' only.

### • The T in us can never perish.

# • At the gross level we are all separate entities, but at root level,

we are all 'ONE'!

• At mind level, we are all SEPARATE LIFE ISLANDS', but at the root level, we are all 'ONE LIFE OCEAN'.

# • TRANS MIGRATION of soul happens in our dreams.

# Souls are eternal. That is why Jesus has said that "I existed even

before Abraham!"

Souls cannot feel any pain or pleasure. But when it is caged in a Sharir, ultimately the 'SOUL' only enjoys and suffers!

### Even though we are all equal,

### some are above us. They come

from different 'LOGAS'.

# Most of the souls are caught in the vicious circle of birth and death.

# Very few souls escape from its vicious circle by the grace of HOLY SAINTS and they attain **SALVATION!**

### THE END

# The Body, Mind and Soul series comes to an end temporarily.