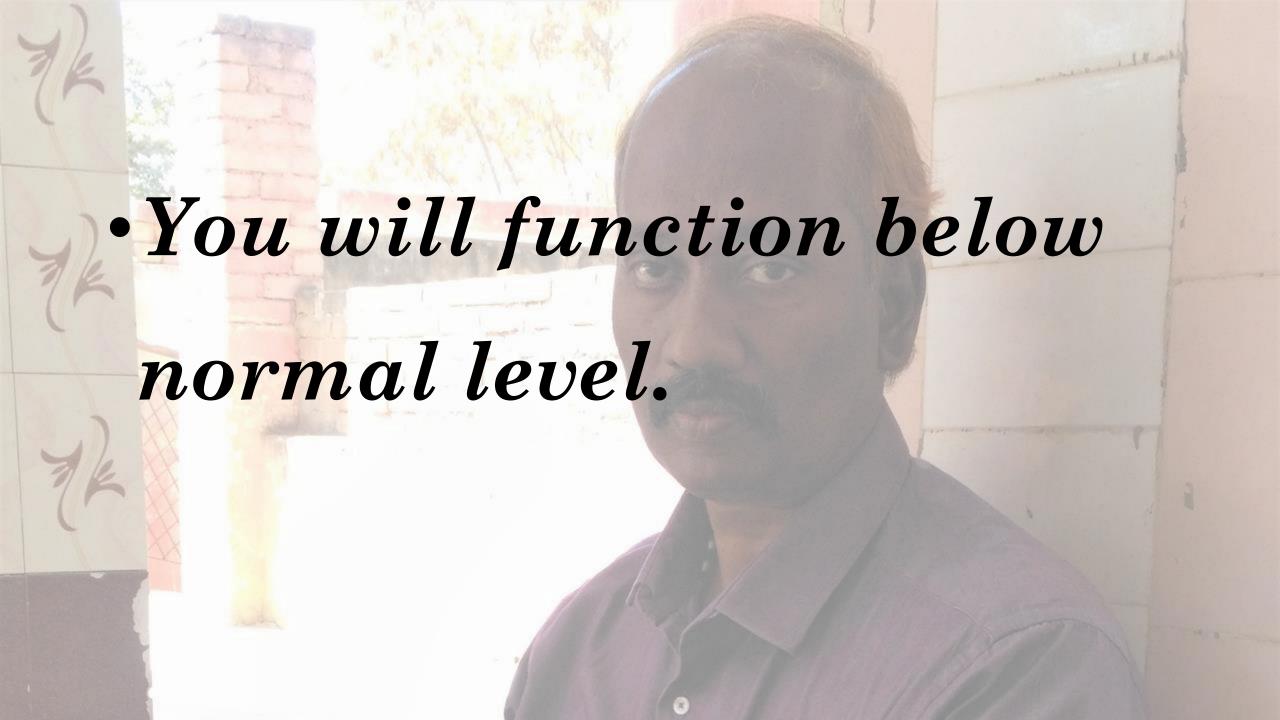
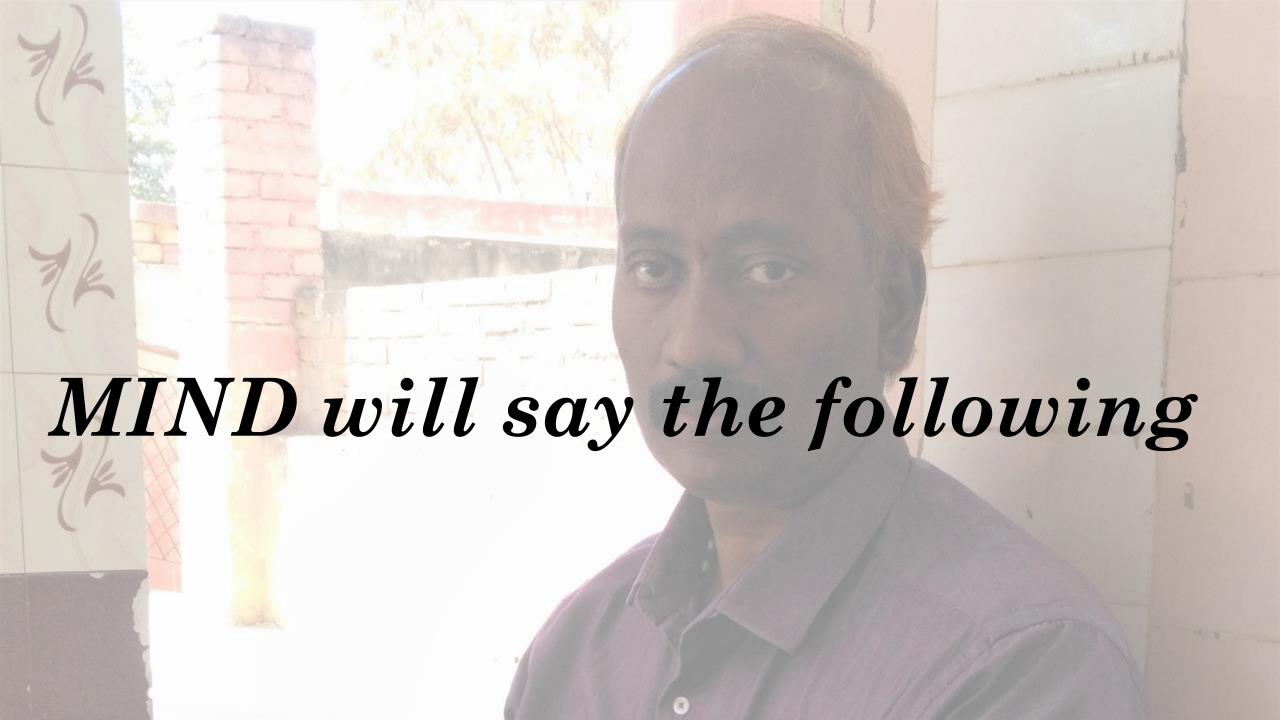


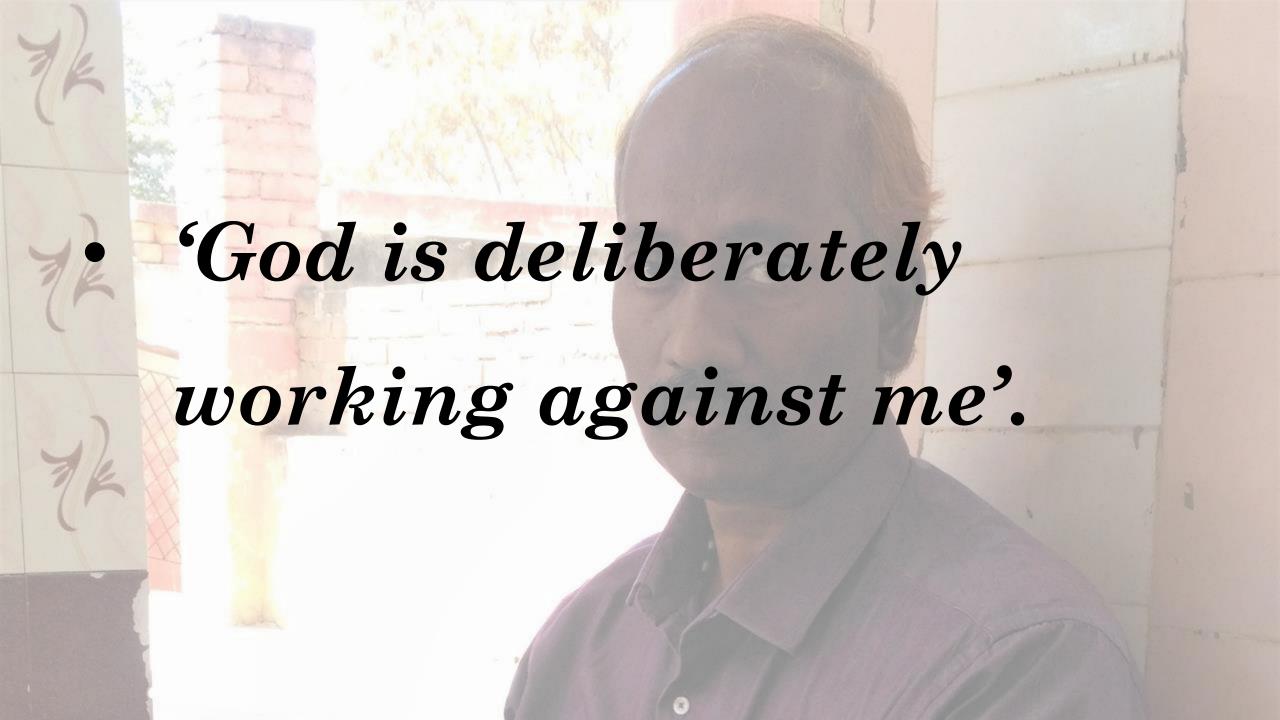
WHEN YOU ARE DOWN AND OUT, HOW TO COME OUT OF THE SITUATION

#### ·MIND with its negative tint will bring you down below normal level.



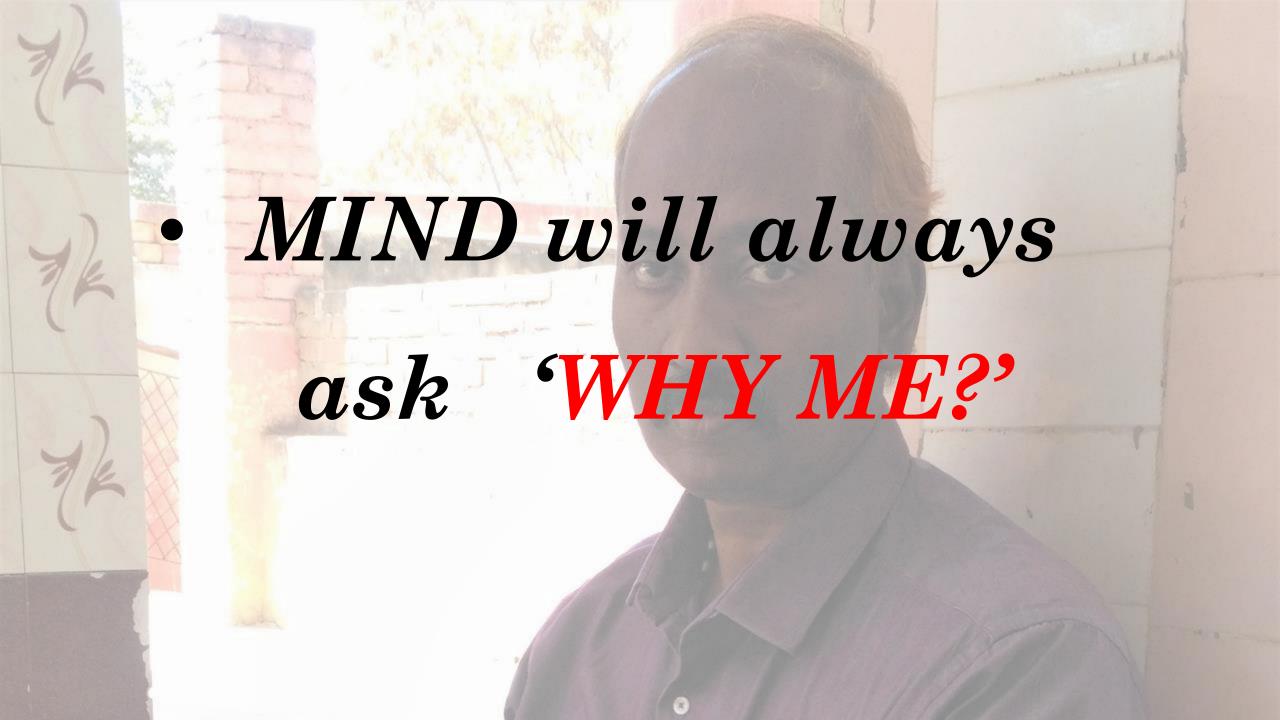


# Everyone in this world is Happy except me'.



Your life is doomed forever. There is no chance of coming back to normalcy'.

· I must have done some terrible mistakes in the past life and that is why I am suffering like this'.



· Somany sinners are leading a happy and prosperous life, but in spite of being a very good person, who has never done any harm to others, I am suffering so much. WHY?

### Idon't even have any bad habits, but why?'

• This world is suitable only for bad people but not for good persons like me!'

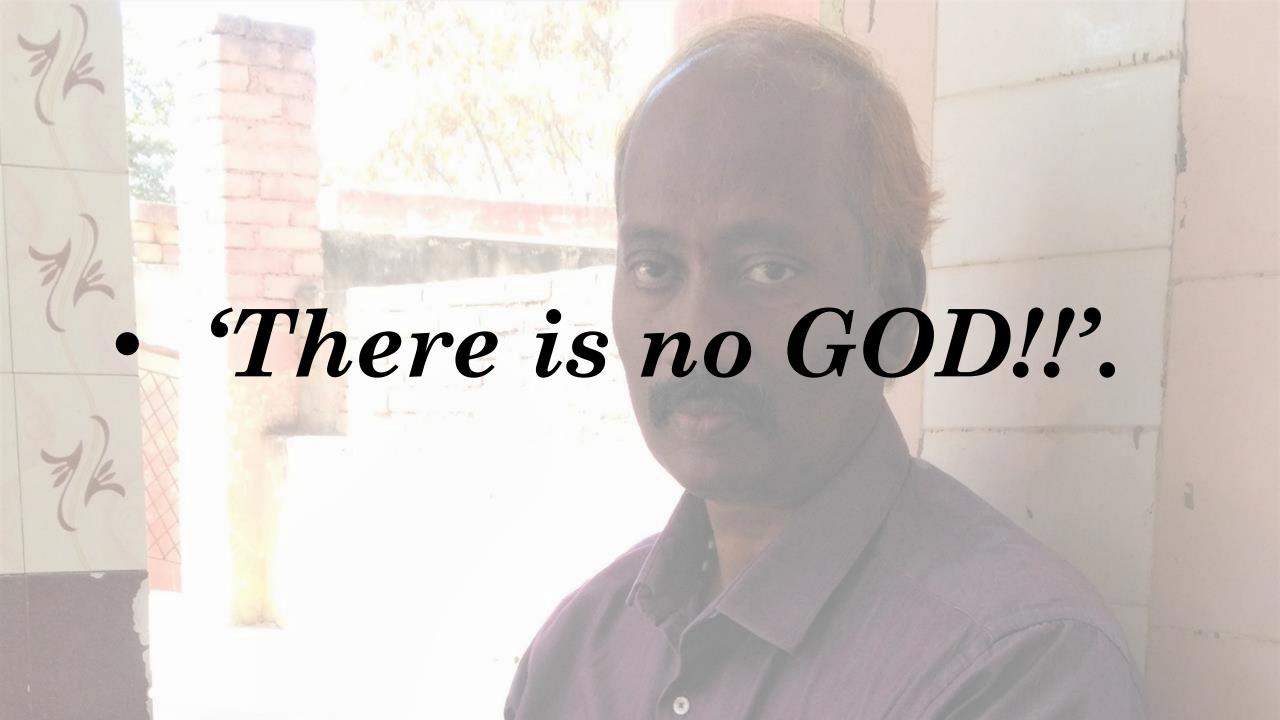
Tam a very religious person, but I am

suffering, why?'

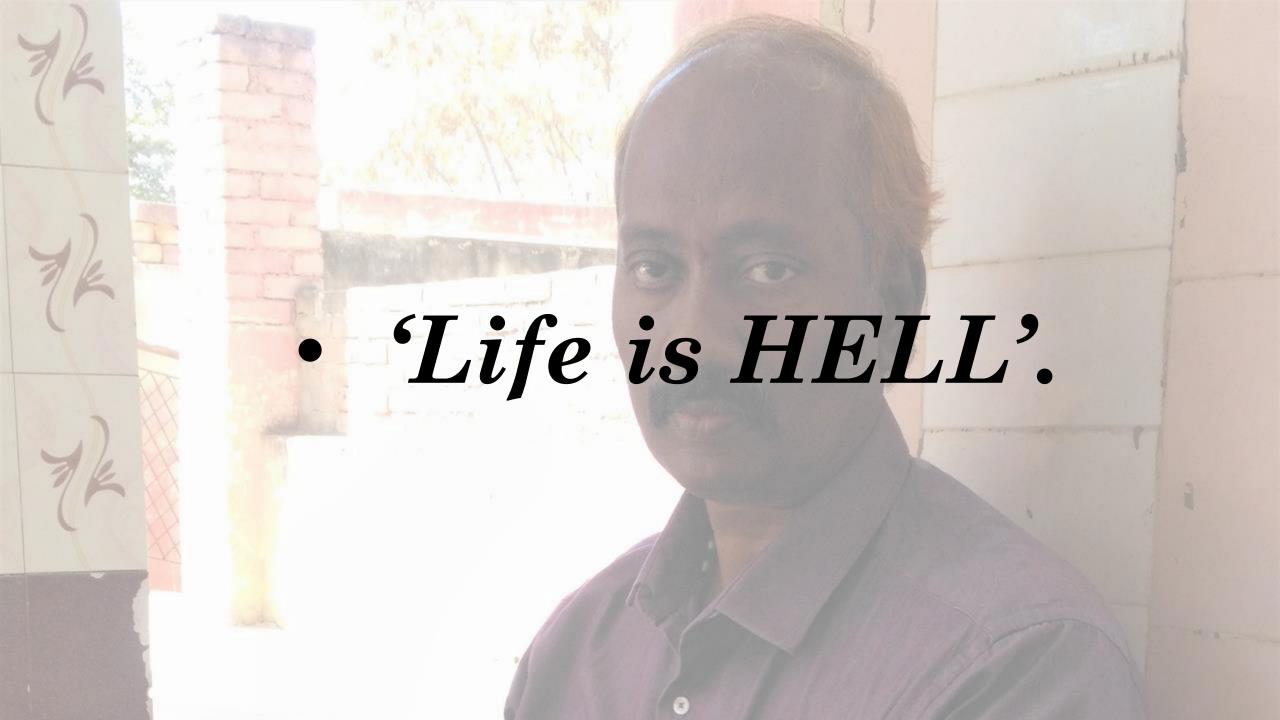
In spite of being with an Enlightened Guru, why I am suffering?'

· I am giving so much donations to temples and other charities, I never said 'No' to them. But why I am suffering?'

#### This life is meaningless. There is Nothing to learn in this life'.

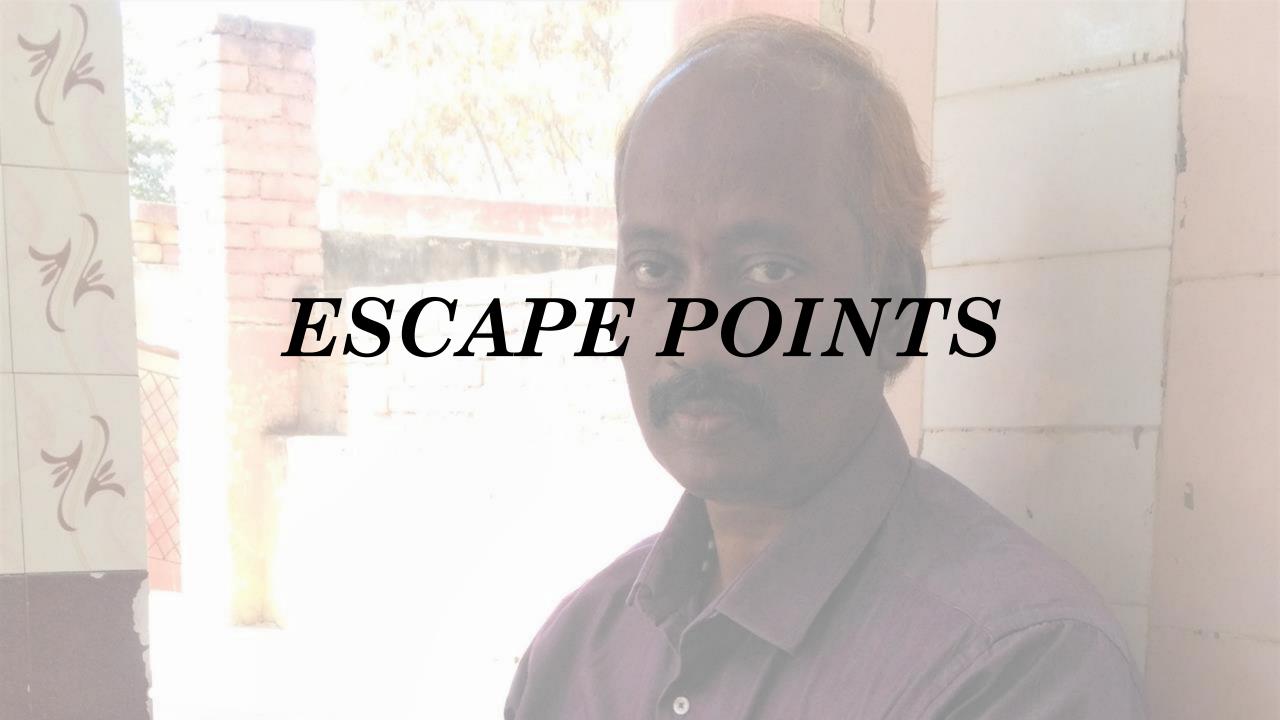


### There is nothing called KARMA or Fate or DESTINY'.

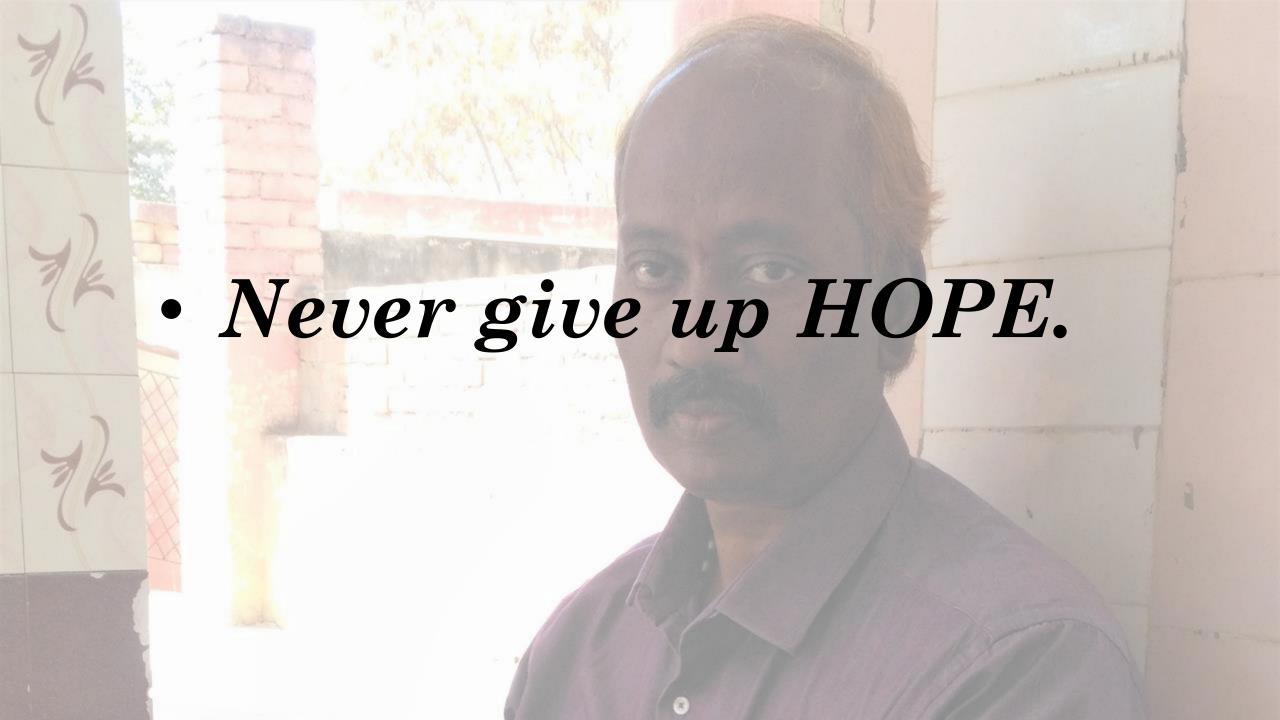


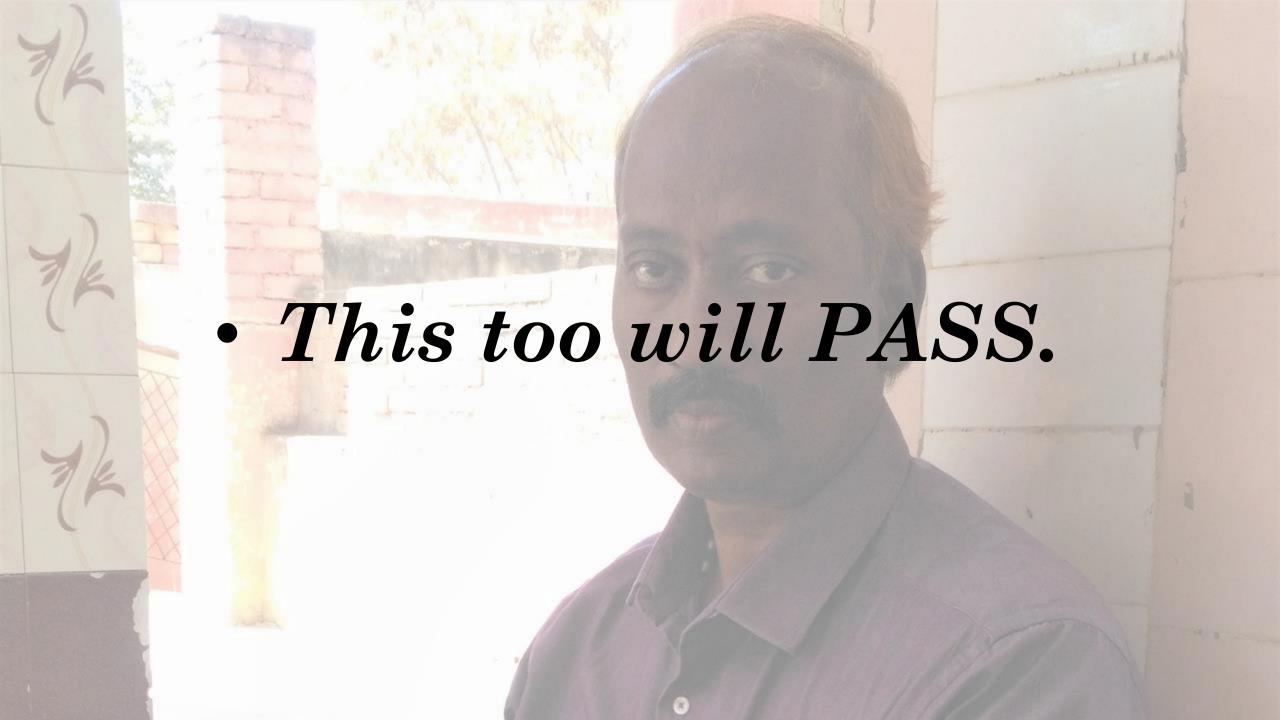
Other people are not having any issues, but see how much I am suffering'.

# I should have migrated to other religion'.



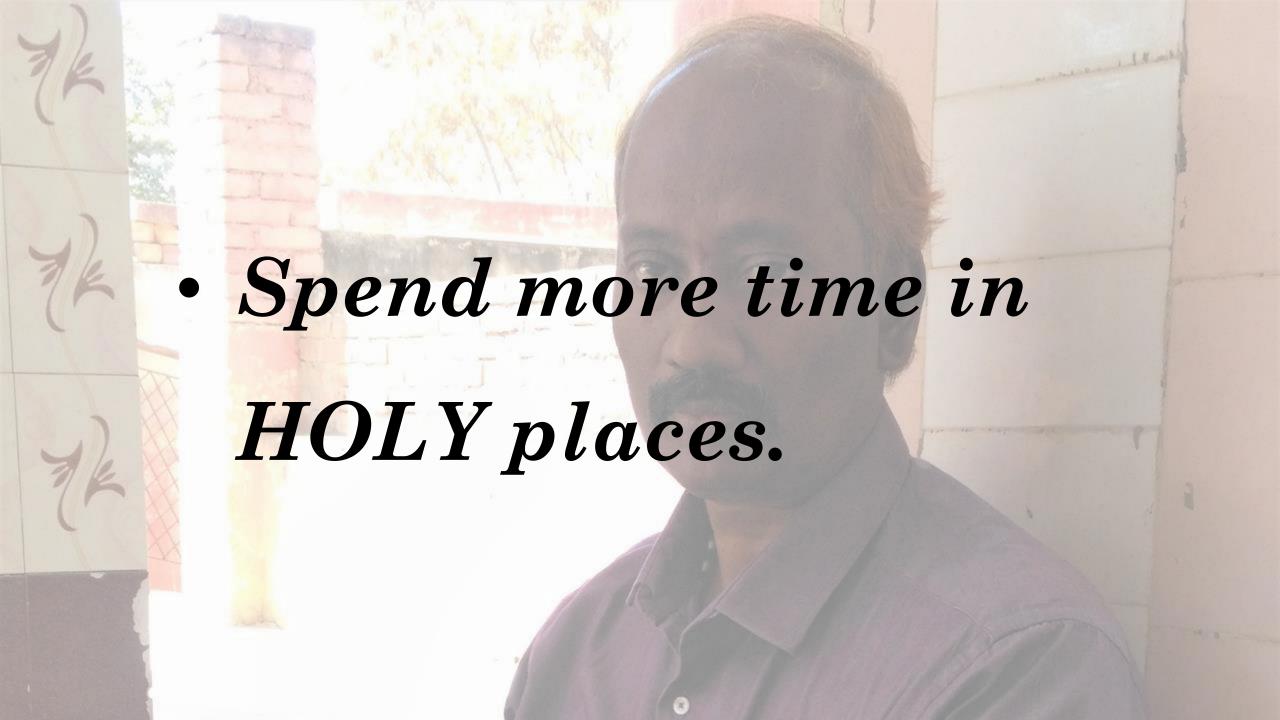
· Tightly hold on to GOD when you are facing a very grave situation.





· Always mingle with POSITIVE MINDED fellow seekers, who can easily bring you out of your Misery.

#### · TAPAS will burn all the NEGATIVE orientations of your MIND.



#### Spend QUALITY TIME with your children and partner.

