

A middle-aged man with a mustache, wearing a light blue button-down shirt, is shown from the chest up. He is looking slightly to the right of the camera with a neutral expression. The background is an indoor setting with a white wall, a red and gold decorative banner, and a red cloth hanging on the left. A white banner with black text is overlaid at the bottom of the image.

**GURUJI'S SERMON ON WEBINAR**

# TEMPLE OF TRUTH

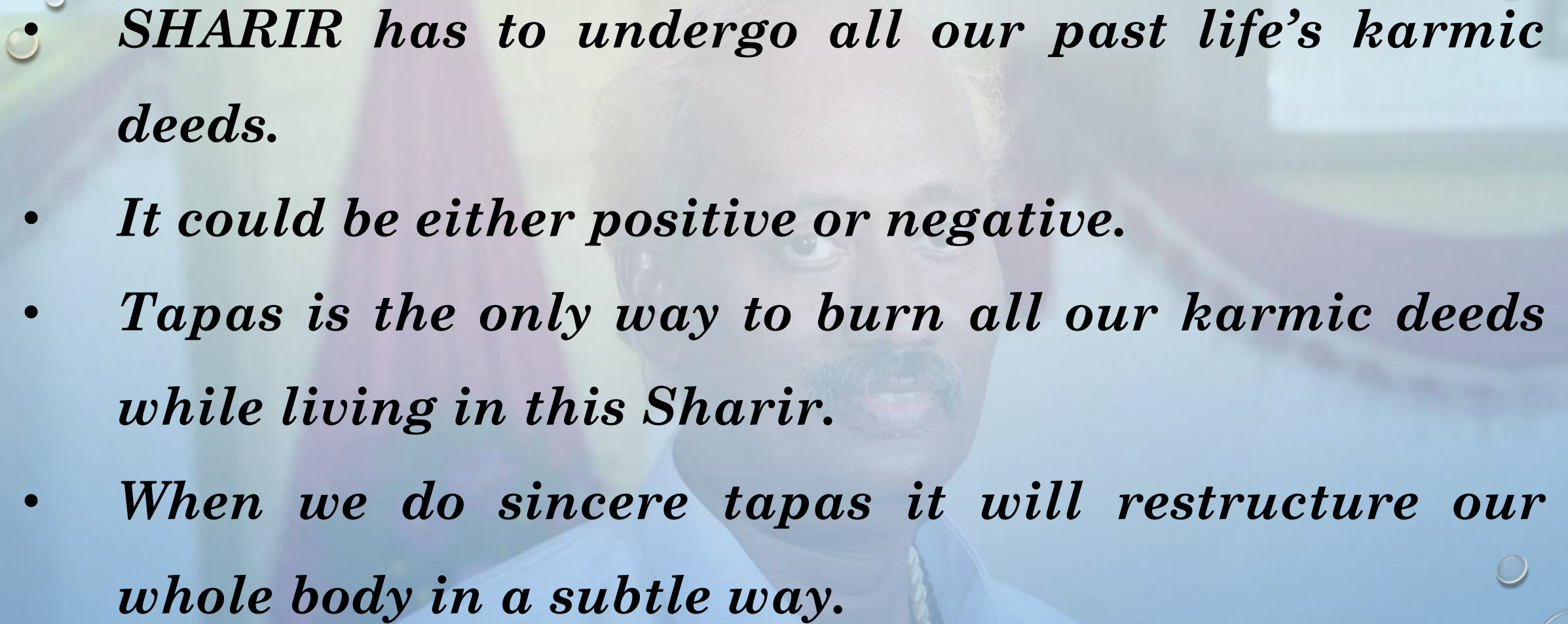
- *SHARIR*
- *MIND*
- *AATHMAN OR SOUL*



**SHARIR**



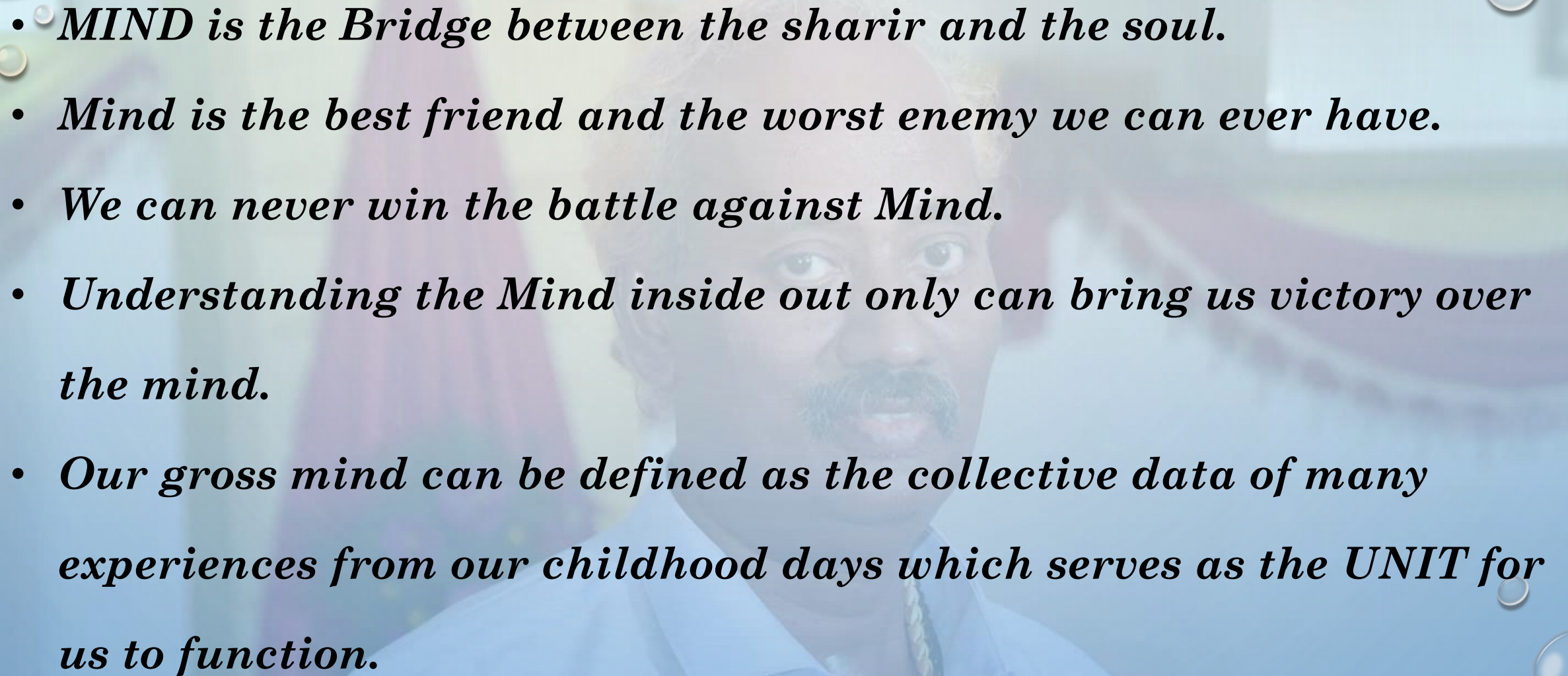
- *SHARIR is the temple where the AATHMAN dwells.*
- *SHARIR is the only hope for us to realize GOD.*
- *SHARIR is the boat to cross to the other side of the ocean.*
- *SHARIR – The temple should be maintained properly.*
- *SHARIR should not be harmed by our bad habits.*
- *SHARIR should not be overfed nor starved too much*

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- *SHARIR has to undergo all our past life's karmic deeds.*
  - *It could be either positive or negative.*
  - *Tapas is the only way to burn all our karmic deeds while living in this Sharir.*
  - *When we do sincere tapas it will restructure our whole body in a subtle way.*

A man with a mustache, wearing a blue button-down shirt, is shown from the chest up. His face is obscured by the word "MIND" in a bold, black, serif font with a white outline. The background is a soft-focus indoor setting with a window and curtains. The entire image has a light blue tint and is decorated with several realistic water droplets of various sizes, some in the top-left and bottom-right corners.

**MIND**



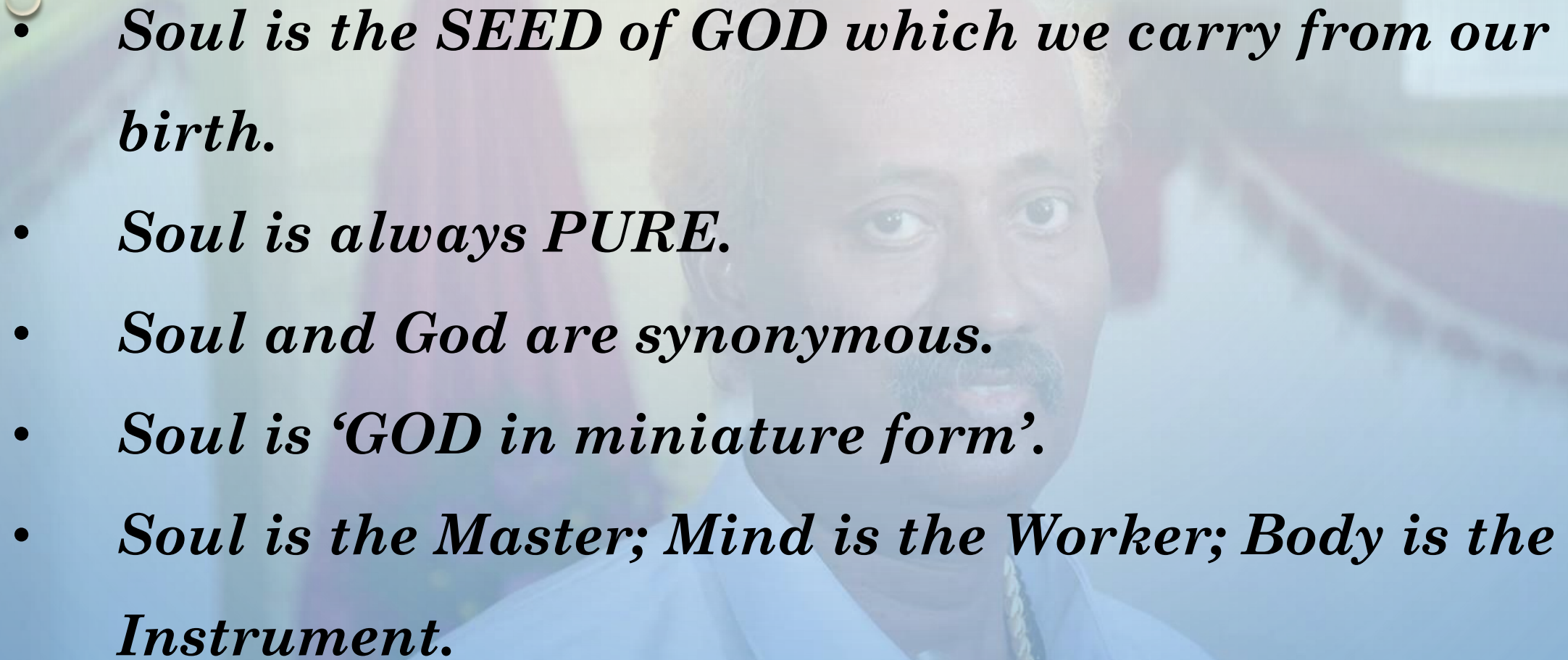
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- *MIND is the Bridge between the sharir and the soul.*
  - *Mind is the best friend and the worst enemy we can ever have.*
  - *We can never win the battle against Mind.*
  - *Understanding the Mind inside out only can bring us victory over the mind.*
  - *Our gross mind can be defined as the collective data of many experiences from our childhood days which serves as the UNIT for us to function.*

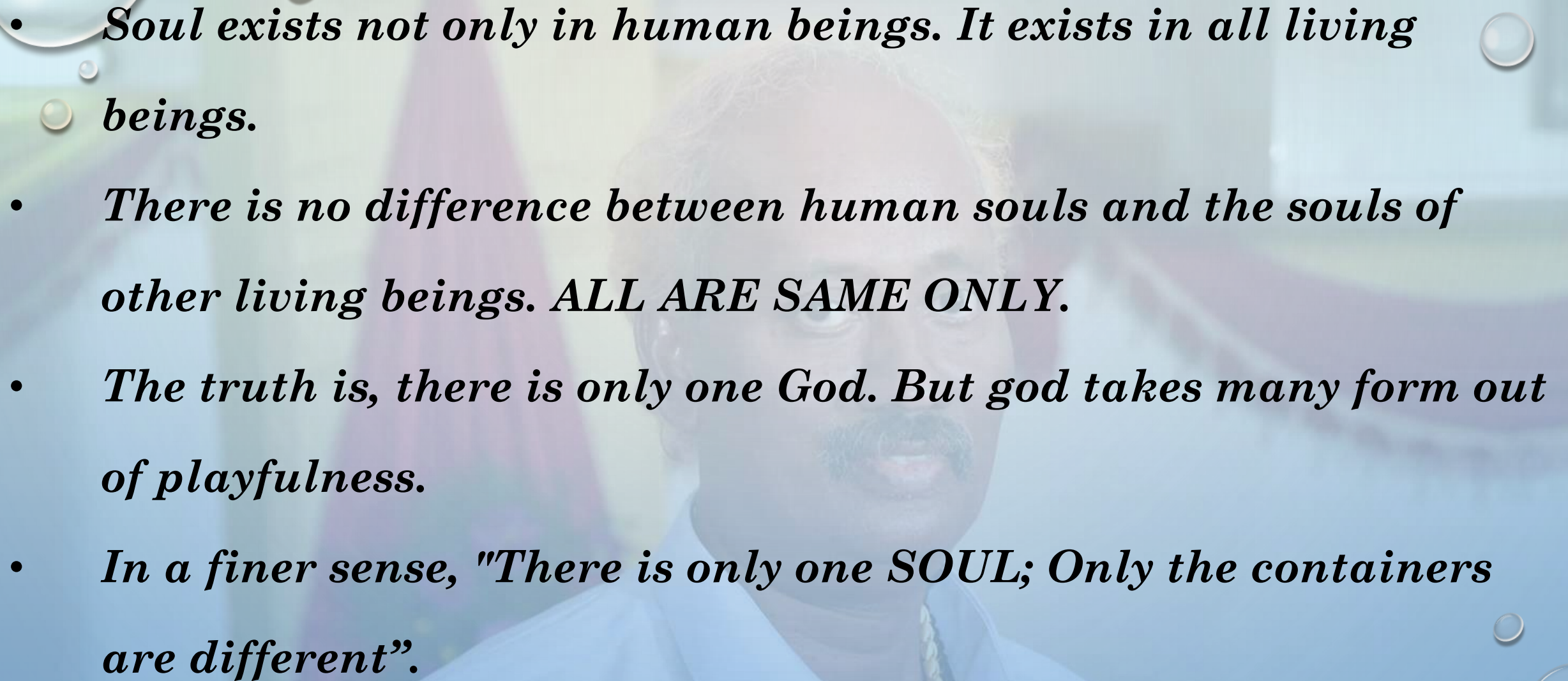
- *Mind also accumulates the past life's data from the soul which acts in the backdrop. We can call this mind as "Subconscious Mind".*
- *Mind also gets influenced by other powerful minds.*
- *Mind always operates between two extremes: GOOD AND BAD.*
- *Mind cannot stay in the middle path.*
- *Sincere tapas burns all the negative imprints of the mind and makes it "PURE".*



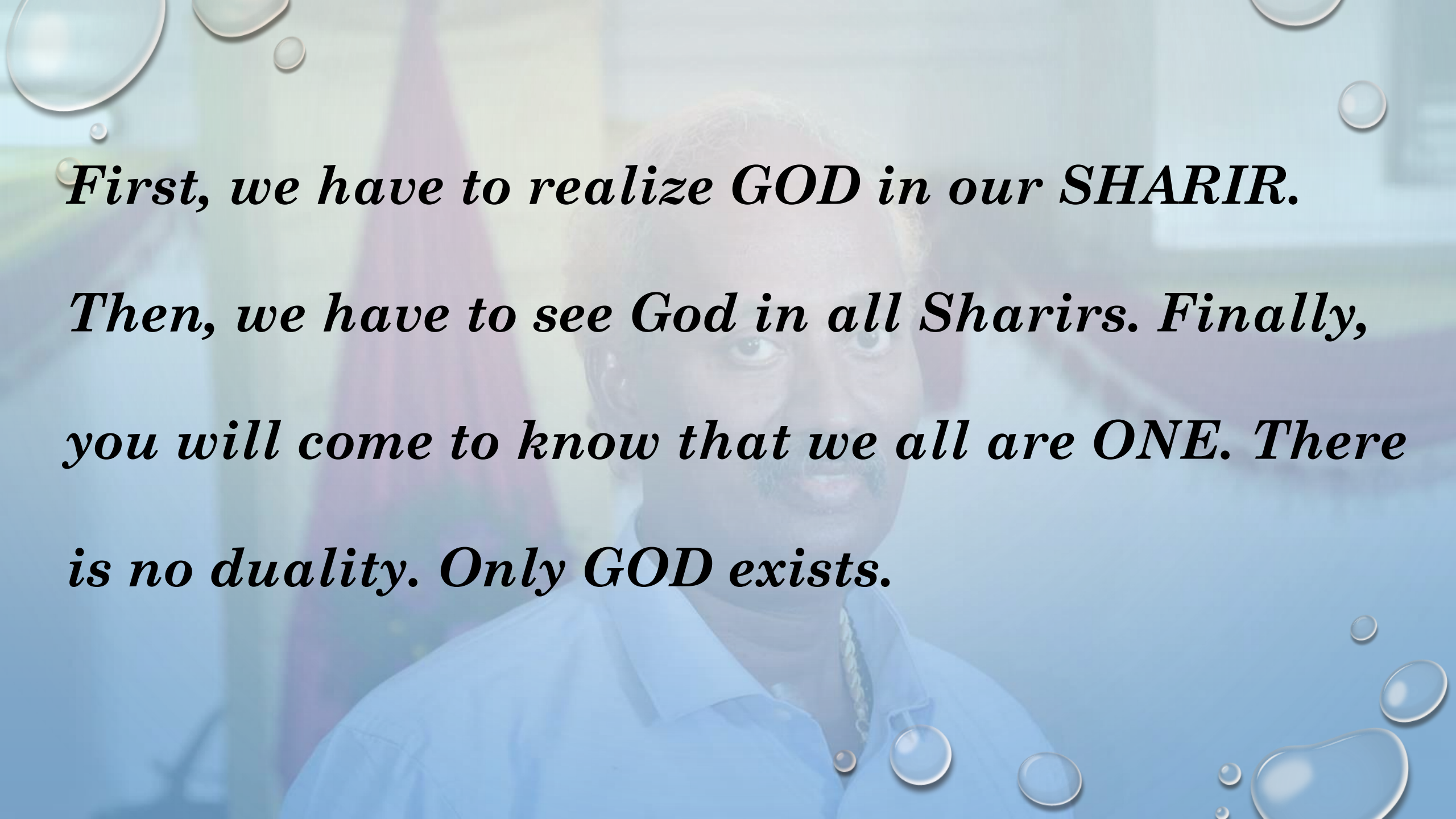
A man with a mustache, wearing a blue shirt, is shown from the chest up. The image is heavily overlaid with a semi-transparent blue filter. Several water bubbles of various sizes are scattered across the frame, particularly in the top-left and bottom-right corners. The background is blurred, showing what appears to be an indoor setting with a window and some furniture.

# AATHMAN OR SOUL

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- *Soul is the SEED of GOD which we carry from our birth.*
  - *Soul is always PURE.*
  - *Soul and God are synonymous.*
  - *Soul is 'GOD in miniature form'.*
  - *Soul is the Master; Mind is the Worker; Body is the Instrument.*

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- *Soul exists not only in human beings. It exists in all living beings.*
  - *There is no difference between human souls and the souls of other living beings. ALL ARE SAME ONLY.*
  - *The truth is, there is only one God. But god takes many form out of playfulness.*
  - *In a finer sense, "There is only one SOUL; Only the containers are different".*



A man with a mustache, wearing a blue button-down shirt, is shown from the chest up. The image is overlaid with a semi-transparent blue filter. Several realistic-looking water bubbles of various sizes are scattered across the scene, particularly in the top-left and bottom-right corners. The text is centered over the image in a bold, italicized black font.

***First, we have to realize GOD in our SHARIR.***

***Then, we have to see God in all Sharirs. Finally,  
you will come to know that we all are ONE. There  
is no duality. Only GOD exists.***

A man with a mustache, wearing a light blue button-down shirt, is the central focus. The image has a soft, blue-tinted overlay. The background is slightly blurred, showing a red flag on the left and a white wall with a framed picture on the right. Several realistic water droplets of various sizes are scattered across the image, particularly in the top-left and bottom-right corners. The text is centered over the man's chest.

***PART - II***

***TO BE CONTINUED.....***

A man with a mustache, wearing a blue button-down shirt, is the central focus. The image is heavily tinted with a blue color. Several realistic water droplets of various sizes are scattered across the frame, particularly in the top-left and bottom-right corners. The background is blurred, showing what appears to be a stage or event space with a purple and white draped banner.

***THE END***